

Name _____
Period _____ Roll Call # _____
Date _____

Physical Education 3

Internet Research

*Include your name, period, roll call #, and date.

*This assignment is worth one Test grade.

*Use the Internet to research basic information on the Sport of _____.

*Use a "Heading Format" to Outline the information Underline and use Bold Print.

1. Cite your reference for all your information used.
2. Compare and contrast the difference between the Sport being an Individual, Dual, or Team.
3. Provide the History of the Game.
4. How is the Game started?
5. How many Players are involved. (Positions on the field, court, or area.)
6. List the Basic Rules of the game.
7. List and explain the basic, intermediate, and advanced skills of the sport.
8. Identify and explain the principles of biomechanics necessary for the safe and successful performance of a skill.
9. Explain two Offense and Defense Strategies used in the game.
10. Copy and paste the Diagram of the playing field, court, or area.
Label your Diagram of the playing field, court, or area.
The Diagram is no longer than $\frac{1}{4}$ of the page.
Cite your reference under the diagram.
11. Explain the Sports etiquette, spectators, referees, or judges, etc. of the Sport.
12. List and explain any safety equipment required for participation in the Sport.
13. Name at least two well-known or famous athletes that are related to the Sport.
What did the individual contribute to the Sport that made him/her famous?
14. Provide other information found while researching on the Sport.

V. Yokogawa (2016)

Physical Education 3 Standard 1 Demonstrate knowledge of and competency in motor skills, movement patterns, and strategies needed to perform a variety of physical activities.

Physical Education 3 1.2 Identify the characteristics and critical elements of a highly skilled performance.

Physical Education 3 1.4 Identify and apply the principles of biomechanics necessary for the safe and successful performance of the Sports activity.

Physical Education 3 1.5 List the safety equipment required for participation in the sport; describe and demonstrate the use of such equipment.